



## **Morgans Line Dance Mania**

Choreographer/Instructor: Nancy Morgan

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## **Aaryn's Spirit**

**Choreographed and Prepared by:** Nancy A. Morgan

**Dance Information:** 32 Count, 4 Wall, Beginner Dance, Smooth

**Music:** Spirit in the Sky by Norman Greenbaum, CD: Michael the movie

Spirit in the Sky by the Kentucky Headhunters, CD:

### **SIDE TOGETHER SIDE, ROCK STEP, SIDE TOGETHER SIDE, ROCK STEP**

- 1&2 Step Right to Right side, step Left next to Right, Step Right to Right side  
3,4 Rock-Step back on Left and forward on Right  
5&6 Step Left to Left side, step Right next to Left, Step Left to Left side  
7,8 Rock-Step back on Right and forward on Left

### **SHUFFLE FORWARD, SHUFFLE FORWARD, ½ TURN, SHUFFLE FORWARD**

- 1&2 Shuffle forward – Right, Left, Right  
3&4 Shuffle forward – Left, Right, Left  
5,6 Step Right foot forward, Turn ½ turn to Left (Weight is on Left)  
7&8 Shuffle forward – Right, Left, Right

### **SIDE ROCK, SAILOR SHUFFLE, SAILOR SHUFFLE, FORWARD ROCK**

- 1,2 Rock-Step Left foot to Left side and back on Right  
3&4 Sailor – Step Left behind Right, step Right to Right side, step Left foot slightly forward and to the Left side  
5&6 Sailor – Step Right behind Left, step Left to Left side, step Right foot slightly forward and to the Right side  
7,8 Rock-Step forward on Left and back on Right

### **COASTER STEP, ½ TURN, ¼ TURN, STOMP, STOMP**

- 1&2 Coaster Step – Step back on Left, back on Right, forward on Left  
3,4 Step forward on Right, turn ½ turn to Left (weight is on Left)  
5,6 Step forward on Right, turn ¼ turn Left (weight is on Left)  
7,8 Stomp forward on Right, stomp Left next to Right

**START AGAIN!**